Here we are getting to the “business end” of the year with just under 3 weeks left of lectures. Good luck to everyone for the examination period and for handing in assignments. A busy time ahead for all.

The next newsletter will likely be available late October, please have all items to Robyn Daly robyn.daly@canterbury.ac.nz no later than Friday 23 October 2015.

Inside this Issue:
- Staff News
  - VC H&S Award
  - UCSA LOYA
- New PhD Students
- Leave & Conferences
- Seminar Series
- Recent Publications
- Professional Programmes
- Health & Safety
- Employee Wellbeing Rsch
- Bicultural Resources
- In the Media
- Mindfulness
- In the News
- APP of the Month
- Clinical Wananga

PhD Success

Congratulations to Louella Orillaza who recently defended her PhD thesis. The work, entitled “Attachment, illness perceptions, and health outcomes: The mediating role of support-seeking, supportive, and negative interactions in couples experiencing Type 2 Diabetes” was examined by her examiners, Professor Christine Stephens (Massey University) and Associate Professor Kerry Sherman (Macquarie University). Louella’s primary supervisor was Associate Professor Roeline Kuijer, and Professor Garth Fletcher was her associate supervisor. Professor Neville Blampied was the Oral Chair.

Congratulations

Neil de Joux (PhD) has recently submitted his PhD and has also accepted a position as a Research Fellow at the University of Nottingham Human Factors Research Group. He starts in this role in November, and will be working on how to predict passenger behaviour in airports, redesigning airports for easier/smarter user experience, and the development of smartphone/smart device apps to be used in the airports. We wish Neil all the best for his new job and his relocation to Nottingham.

Congratulations to Samantha Epling (PhD) who has her first paper from her PhD published in the Journal of Experimental Brain Research (see publications on page 5).

Congratulations to Phillipa Newton and Kyla Wood (both PhD students) who were placed 1st equal at the Scientific Meetings of the Health Research Society of Canterbury 2015. Philippa’s presentation was entitled “Vitamin-mineral treatment for assisting with smoking cessation: A pilot double-blind randomized placebo-controlled trial”. Kyla’s presentation was entitled “Progression to dementia in Parkinson’s disease over four-years: Risk with alternative MCI criteria.”

An outstanding result for both Phillipa and Kyla and also for our Department. Congratulations again to both of them.
Staffing News

Congratulations to Professor Julia Rucklidge on being presented with the Ballin Award at the NZPsS conference in Hamilton at the end of August.

This award honours Dame Ann Ballin, ONZ, DBE, Clinical Psychologist and first woman President of the NZPsS who received the DBE for a lifelong contribution to advocacy on behalf of people with disabilities.

This award recognizes notably significant contributions to the development or enhancement of clinical psychology in Aotearoa New Zealand context through, original research, dissemination of research and/or best practice; the sustained exemplary or innovative practice of clinical psychology, or through professional development, organization, supervision and/or mentoring of others in the field of Clinical Psychology by a member of the New Zealand Psychological Society.

More information on this award is available on the University Press Release http://www.comsdev.canterbury.ac.nz/rss/news/?articleId=1766.

In making this award, NZPsS President, Dr Kerry Gibson, noted that Julia "possesses the attributes worthy of the award to a remarkable degree".

VC Health & Safety Award

Congratulations to Silvana de Freitas Costa who was one of the recipients of the VC Health & Safety Award for 2015. The Awards are designed to reward and encourage staff members to initiate innovative Health & Safety practices within their Department/Unit/College.

This award presented to Silvana will be going towards the purchase of dedicated first aid kits for field trips and organizing a Mindfulness Stress Reduction Workshop for staff to enhance the Health, Safety and Wellbeing of the overall team.
Staffing News (Continued)

UCSA Lecturer of the Year Awards

Congratulations to all of our staff members who were nominated in the UCSA Lecturer of the Year Awards. We have a number of nominees across all of the categories. The results will be announced at the Awards function this coming Friday 25 September. Good luck everyone.

Lecturer:
- John Dalrymple-Alford
- Martin Dorahy
- Randolph Grace
- Deak Helton
- Rob Hughes
- Simon Kemp
- Katharina Naswall
- Ewald Neumann
- Gabrielle Wall
- Kumar Yogeeswaran

Supervisor:
- Chris Burt
- Katharina Naswall
- Susan Rapley
- Kumar Yogeeswaran

Administrator:
- Sharyn Gordon
- Barbara Hardie
- Anna Leuzzi (top 5)

Great Character:
- Katharina Naswall
- Gabrielle Wall
- Liz Waugh

Special Award
- Kyle Nash (top 8)

New PhD Students

We welcome Megan Livingstone as a new PhD student. Megan will be supervised by John Dalrymple-Alford and is based at NZBRI where she was awarded a PhD Scholarship. Her research area is looking at how a combination of physical and cognitive exercises will improve cognition in patients with Parkinson's Disease. Megan recently completed her BSc(Hons) here at Canterbury.

Also recently arriving in Christchurch is another new PhD student, Adekunle Olateju. He commenced his PhD in July under the supervision of Dr Joana Kuntz. He will be doing research in the area of organisational change. Adekunle completed his Bachelor of Science in Psychology at the University of Ado-Ekiti, Nigeria and then followed up with a Master of Science as part of the Erasmus Mundus joint Master programme at the University of Valencia, Spain and the University of Paris (Rene Descartes), France last year.
Leave and Conferences

The New Zealand Association for Behaviour Analysis Conference was held in Christchurch, 21-23 August. Dr Anthony McLean was the organizer of this event and several member of our department were presenters:

Professor Neville Blampied presented a paper entitled “To average or not to average? - That is the question.”

Dr John Church (Adjunct) presented a paper entitled “An analysis of the contingencies operating during teacher education programmes”.

Professor Randolph Grace presented a paper entitled “Evidence of a magnitude effect in probability discounting with pigeons.”

Dr Anthony McLean presented a paper entitled “Do they stay or do they go?”

Professor Edward K. Morris (Visiting Erskine Fellow) & Katheryn M. Bigelow presented a paper entitled “Childrearing as the behaviorist viewed it: John B. Watson’s advice in perspective.”

The Annual Australasian Winter Conference on Brain Research (AWCBR) was held in Queenstown from 28 August to 2 September 2015. We had staff and students presenting at this conference:

Sophie Barnett (Hons) presented a poster entitled “Anterior thalamic nuclei lesions, environmental enrichment and histone H3 acetylation in the extended hippocampal system.”

Professor John Dalrymple-Alford presented a paper entitled “Maintaining independence in Parkinson’s disease: A RCT of a combined physical and cognitive activity.”

Jennifer Hamilton (PhD) presented a poster entitled “Thalamic brain lesions, theta and memory.”

Brooke Perry (PhD) presented a poster entitled “Unequal effects of anterior thalamic nuclei and mammillothalamic tract lesions.”

Kyla Wood (PhD) presented a paper entitled “Neuropsychiatric status and different MCI criteria in Parkinson’s Disease.”

Assoc. Prof. Janet Carter is currently in the US visiting Las Vegas and New Orleans and enjoying some well deserved R&R.

Dr Sarah Christofferson will be attending the Association for the Treatment of Sexual Abusers Conference being held in Montreal in October. She will be presenting a poster entitled “The clinical assessment of treatment change among sexual offenders, and the relationship between change and risk.”

Janet Cumberpatch is in Italy soaking up the sun and enjoying the laid back lifestyle with some well deserved R&R.

Professor Randolph Grace attended the Countdown to 2025 Tobacco Control Mini-Conference & Festschrift in Glenorchy early in September where he presented a paper entitled “E-cigarettes and the economics of smoking”.

Assoc. Prof. Katharina Naswall leaves next week to travel to Stockholm to present a workshop and attend a PhD defense.

Dr Kumar Y Oversewan was invited to present a talk at the Third Annual Conference on Migration and Diversity “National Identity in Motion” held in Berlin from 28 August to 4 September. Kumar’s talk was entitled “The importance of national identity for intergroup relations in culturally diverse nations: A social Psychological perspective.”
Seminar Series

Don’t forget our seminar series. Held in Room 252, Psychology Building, 12.00—12.50pm.

**Thursday 24 September:** Associate Professor Roeline Kuijer presented a seminar entitled “If it doesn’t kill you, does it make you stronger?”

**Thursday 1 October:** Dr Kumar Yogeeswaran will present a seminar entitled “Unity in diversity? Conceptions of national identity impact intergroup relations”.

If you have missed any, we now have them available via YouTube.

Visit our YouTube site to view

These seminars are open to staff and Postgraduate students are encouraged to attend.

Recent Publications


Yogeeswaran, K. (2015, August). The importance of national identity for intergroup relations in culturally diverse nations: A social psychological perspective. Key panellist at the EU

Conference on Migration and Diversity, WSB Berlin Social Science Centre, Germany.


Professional Programmes Applications

The closing dates for applications for our Postgraduate Diploma in Clinical Psychology Programme is fast approaching. Please see the information required from our website [http://www.psyc.canterbury.ac.nz/clinical/application.shtml](http://www.psyc.canterbury.ac.nz/clinical/application.shtml)

All applications, including the application form, need to be completed and arrive in the Department by end of day, 30 September.

The closing date for applications for the MSc in Applied Psychology (APSY) is also coming up. For more information on the application process and the application form go to [http://www.psyc.canterbury.ac.nz/apsy/entry.shtml](http://www.psyc.canterbury.ac.nz/apsy/entry.shtml)

These applications also need to be completed and arrive in the Department by end of day, 30 November.
Health & Safety

Check out the Health and Safety Reform Bill from this link http://www.canterbury.ac.nz/hr/docs/health-and-safety-reform-bill-key-changes.pdf. Other Health and Safety information is below:

- Visitors and Contractors must be inducted to the Department at all times. The paperwork is located at the Main Office.
- If you are involved in a Health or Safety incident at work all reports are filed and sent to H&S Central, but they are also the basis of discussion for the Department and sometime higher Health and Safety Committees. These reports are not confidential but they are no-fault documents, and the idea is to use them to make work-life healthier and safer. Event reports must be signed off by the H&S Chair—Janet Carter and/or must be reported to the Department Safety Officer.
- The H&S Reform Bill in NZ is available at Health & Safety Reform Bill: Are You Ready? (PDF)
- NZ Emergency Service 1-111
- UC Security = Emergency on Campus 6111 or 0800 823 637
- UC Non-emergency = 6888
- The Health & Safety Toolkit on the intranet is https://intranet.canterbury.ac.nz/hs/toolkit/index.shtml
- The Department H&S Action Plan is available for staff on Y drive and also available on the Department website http://www.psyc.canterbury.ac.nz/health%20and%20safety.shtml
- Employee Wellbeing Research

From the 12th August to the 21st of September, members of UC Admin Plus took part in a research project on employee wellbeing as part of Karen Tonkin’s APSY dissertation. The research was supervised by the Employee Resilience Research Group (Dr Sanna Malinen, Associate Professor Katharina Näswall, and Dr Joana Kuntz). The aim of the research is to investigate the interrelationships of trait resilience, employee resilience and organisational resilience, and whether a workplace wellbeing intervention can promote organisational and employee-level resilience (independent of inherent, trait resilience levels).

This project was a joint initiative with the Mental Health Foundation of New Zealand and involved teams competing against each other to earn ‘wellbeing points’ by playing the ‘Wellbeing Game’, an online game based on The Five Ways to Wellbeing. Players were encouraged to reflect on things they do in their daily lives which make them feel good.

Special thanks to Catherine Woods of UC Admin Plus who championed this event.

Pictured are members of the winning UC Admin Plus Wellbeing Game: ‘The Maori Development Team’ – (from left) Roisin Bennett, Ripeka Hurunui, John Kape and Kylie Morrell, along with Karen Tonkin and Associate Professor Katharina Naswall.
Bicultural Resources

The Department Bicultural Working Party has put together a few resources to support our bicultural competence and confidence. You can click on the links for more information.

- **Māori Dictionary**: [http://www.maoridictionary.co.nz/](http://www.maoridictionary.co.nz/)
- **Website**: Bicultural Resources on NZ Psychological Society – see [http://www.psychology.org.nz/nga-kete/bicultural-resources](http://www.psychology.org.nz/nga-kete/bicultural-resources)
- **Website**: Te Pou: Mental health, addiction and disability workforce development – see [http://www.tepou.co.nz/resources](http://www.tepou.co.nz/resources)

- **Website**: Te Rau Matatini – Aotearoa Maori Mental Health Workforce Development - see [http://matatini.co.nz](http://matatini.co.nz)

In the Media

As mentioned in our “Staff Section”, Professor Julia Rucklidge was congratulated for the Ballin Award [http://www.comsdev.canterbury.ac.nz/rss/news/?feed=news&articleId=1766](http://www.comsdev.canterbury.ac.nz/rss/news/?feed=news&articleId=1766) on 7 September.
Mindfulness

Please check out this link from Ann Huggett. You may be interested in learning about practicing simple mindfulness exercises to support your wellbeing. Go to StopBreatheThink http://app.stopbreathethink.org/.

In the News...

See what Andy Martens, a former academic staff member with us, is up to now in this interview. http://datascienceweekly.org/data-scientist-interviews/academia-to-metis-data-science-bootcamp-andy-martens-interview. Andy is now a Research Analyst at the Center for Innovation through Data Intelligence, NYC Office of the Mayor.

A former PhD and Clinical student from UC, Dr Gwenda Willis (supervised by Randolph Grace), was awarded a Rutherford Discovery Fellowship announced on 17 September by Innovation Minister Steven Joyce. The Rutherford Discovery Fellowship is awarded to 12 of New Zealand’s most talented early to mid-career researchers. It fosters the development of future research leaders by providing funding of up to $800,000 each over five years to cover salary and research costs. The funding is administered by the Royal Society of New Zealand on behalf of the Ministry of Business, Innovation and Employment.

Gwenda is currently an academic staff member at the University of Auckland and her Fellowship is for research entitled “What stops convicted sex offenders from reoffending? Developing a strengths-based framework for sexual violence prevention.”

For more information and other recipients go to http://www.beehive.govt.nz/release/rutherford-discovery-fellowships-awarded-0

App of the Month

Needless to say, no guesses as to what is this month’s “App of the Month”. This mobile App will keep you up with is going on across the other side of the world for our AB’s.

This is the Official Rugby World Cup App and you can find it here http://www.rugbyworldcup.com/mobile.

To all the rugby fans out there, this will provide you with information you need during the World Cup. The features include, quizzes, latest news, fixtures, pools, interactive match centre, live audio for all RWV matches. It can be customized with NZT for games and you can follow your favourite team.

All that anyone would want for this World Cup.
Clinical Wānanga

The annual wānanga for Year 2 clinical students which is part of the bicultural training within the Clinical Psychology Training programme, was held at Ngāti Moki Marae, Taumutu on 27-28 Aug. The wānanga included presentations from a variety of speakers on working with Māori clients, as well as learning about the history of the marae and local area.